

INSIDE



EIB envy

2nd Brigade Soldiers test their mettle and attempt to earn the coveted Expert Infantry Badge

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Town hall

Residents can receive updates and voice concerns at Schofield's town hall meeting Tuesday at 6:30 p.m. in Sgt. Smith Theater.



Deployment days

From IED hunting to a father-son reunion, Soldiers send stories back from the frontlines in Iraq

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A road less traveled

ISLAND OF HAWAII — The Pololu Valley's lookout parking and turnaround area is blocked off to vehicles because of deep cracks in the roadway. Tourists are currently travelling to the lookout by foot to take in its view.

Gregory Yamamoto | The Honolulu Advertiser

COE aids in quake aftermath

Emergency Power Planning and Response Team mobilizes for generator deployment

DINO W. BUCHANAN
Honolulu District Public Affairs

FORT SHAFTER — Honolulu District is deploying a nine-man structural assistance team to the island of Hawaii at the request of the Federal Emergency Management Agency (FEMA) to provide technical assistance to local and state officials in assessing damage to infrastructure, including roads and bridges in the aftermath of the 6.7 and 6.0 magnitude earthquakes that rattled the Big Island, Sunday.

The district's acting chief of Engineering and Construction, Curtis Yokoyama, will lead the joint U.S. Army Corps of Engineers/FEMA

Structural Damage Assessment Team of volunteer Corps structural engineers from Honolulu District, along with five mainland Corps districts and divisions.

The team began assessment services Tuesday.

Immediately following the earthquakes on Sunday, four members of district's Emergency Power Planning and Response team (Power PRT: Cindy Barger, Farley Watanabe, Steve Paahana and Joy Sakamoto) mobilized to the Pacific Ocean Division Emergency Operations Center at Fort Shafter to prepare for a potential deployment of power generators for emergency power aid to the local or state agencies.

This specialized management cell team works with the 249th Engineer Battalion (Prime Power), contractors, and local and state entities to assess, install and maintain emergency generators at critical facilities.

Following a request from the City and County of Honolulu, the 249th Engineer Battalion installed two 15-ton, 560-kilowatt emergency generators from FEMA at the Sand Island wastewater pump station to serve as temporary backup generators while the pump station's normal backup generators were under repair. Under a memorandum of understanding, the city will provide maintenance for the emergency generators while installed at Sand Island.

Emergency response team member Edwin Hargis deployed to the State Emergency Operations Center (EOC) at Diamond Head Crater as the Corps liaison to FEMA and the EOC. Also, John Emmerson from the Corps' Pacific Ocean Division deployed Monday to the Island of Hawaii with a FEMA initial assessment team to determine the needs of Hawaii County beyond county and state capabilities.

Three KIA in Iraq by explosions

U.S. ARMY GARRISON, HAWAII, PUBLIC AFFAIRS
News Release

The Department of Defense announced the death of three Schofield Barracks Soldiers who were supporting Operation Iraqi Freedom (OIF).

Oct. 11, Capt. Shane T. Adcock, 27, of Mechanicsville, Va., died in Hawijah, Iraq, when a grenade impacted the right side of his humvee during a convoy operation. Ad-



Adcock



Deese



Lootens

cock was assigned to the 3rd Battalion, 7th Field Artillery, 3rd Infantry Brigade Combat Team, 25th Infantry Division (ID), in February 2004.

Oct. 15, 1st Lt. Joshua Deese, 25, of Robeson County, N.C., and Sgt. Jonathan E. Lootens, 25, of Lyons, N.Y., died of injuries suffered when an improvised explosive device detonated near their vehicle in Kirkuk, Iraq, during combat operations. Both Soldiers were assigned to C Company, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade, 25th ID.

Deese and Lootens died in Balad, Iraq, following the incident.

Deese had entered the Army in October 2003 and came to Schofield Barracks in August 2004. Lootens had entered the Army in April 2002 and came to Schofield Barracks in September 2002.

DoD resumes mandatory anthrax vaccinations for troops

JIM GARAMONE
American Forces Press Service

WASHINGTON — The Defense Department will resume mandatory anthrax inoculations for service members and civilians deploying to U.S. Central Command and Korea, DoD officials said Monday.

The six-shot series provides immunity from a deadly disease that has been used as a biological attack agent, said Dr. William Winkenwerder, assistant secretary of defense for health affairs.

A small number of service members assigned to homeland defense units will also receive the shots.

David S. C. Chu, undersecretary of defense for personnel and readiness, will issue instructions to the services in the next two months. The program will start soon after.

A court order halted mandatory vaccinations in 2004. In 2005, the order was lifted, and service members deploying to the area or in special units could choose to receive the vaccinations or not. Roughly 50 percent of those deploying did opt for the shots.

"The anthrax vaccine is safe; it is effective for all forms of anthrax spore exposure," Winkenwerder said. "Time and again [this vaccine] has been looked at by experts, ... and each time the conclusion is the vaccine is safe and it is effective."

The assistant secretary said the anthrax

threat is still out there.

"Our adversaries continue to remind us that they are determined to obtain nuclear, chemical and biological weapons," he said. "We do not yet know who perpetrated the attacks of October 2001."

In that incident, letters filled with anthrax spores killed five, sickened 17 and contaminated the Hart Senate Office Building so badly it was months before the building was deemed safe.

It's important to make the vaccination program mandatory, Winkenwerder said.

"There is a signal sent if a program is voluntary that perhaps it is just not that important," he said. "Our actual view is that it is very important. We believe it should be mandatory, because we want to protect every person to the maximum degree possible who

might be a target."

While the program is mandatory for those deploying to threat areas, the program will be voluntary for service members and civilians who started their vaccine series but had to stop because of the judge's order.

"If they wish to continue with their vaccine series, we will make it available," Winkenwerder said.

Research continues on the anthrax vaccine. The assistant secretary said DoD is looking at studies conducted with the Centers for Disease Control that may allow the department to reduce the number of shots from six to five or even four. "We don't have FDA concurrence or approval for that yet," he said.

There is no shortage of the vaccine, Winkenwerder said.

Hawaii-Pacific CFC eyes gold as fundraising efforts come to a close

Local federal employees can change lives by donating to any number of charities

KEVIN DOWNEY
U.S. Army, Pacific, Public Affairs

FORT SHAFTER — Like a world-class sprinter with a clear view of the finish line in the quarter-mile race, the Hawaii-Pacific Area Combined Federal Campaign (CFC) is in position for success after the first two quarters of the monthlong event.

Just as important as on the track, how-

ever, the last 200-meter sprint of the Hawaii Pacific CFC, the final two weeks, will determine if this year's federal fund-raiser wins gold.

The campaign runs Sept. 19 - Oct. 31 and has a theme of "Your Gift Changes Lives!" It's the Hawaii-Pacific Area leg of the federal government's program to promote philanthropy and provide an opportunity for giving among its employees.

This year there are almost 2,000 charities and federations that are local, national and international participants in the federal campaign.

"We have a goal of giving every service

Visit the Hawaii-Pacific Area CFC at www.usarpac.army.mil/cfc2006 or contact your office or unit representative for more details.

member and federal civilian employee an informed opportunity to participate," campaign project officer Col. Michael A. Eyre said. "We have a population of eligible contributors approximating 67,000 people in the Hawaii-Pacific Area. We still have people to reach."

So far, Hawaii-Pacific CFC is stringing

together a dominant performance from the 87 federal agencies in the region who contribute, raising 140 percent more funds than at the same point last year. Total cash raised is a staggering \$768,884, when compared to last year's best estimate of \$219,559 through week two of the four-week campaign. However, officials warn it is still early and much needs to be done to make sure everyone can make an informed decision whether they choose to participate.

"Our federal employees in Hawaii have always been very generous. The dramatic in-

SEE CFC, A-11

General states, the Army needs Strykers

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

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LT. GEN. JOHN M. BROWN III
Commander, U.S. Army, Pacific

The recent court ruling requiring the Army to prepare a supplement to its environmental impact statements, concerning the Stryker Brigade at Schofield Barracks, has resulted in many statements in the media. I do not think it appropriate to try legal cases in the press but believe a description of the Army's status and intent is warranted.

In April 2005, 18 months ago, the Federal District Court in Honolulu issued a ruling finding the Army's environmental impact statements satisfactory. The group opposing the Stryker Brigade immediately filed an appeal with the 9th Circuit Court in San Francisco and requested the court issue an injunction stopping the Army's fielding, training and construction.

The 9th Circuit Court did not grant the injunction. Based on the lower court ruling and lack of injunction, the Army proceed-

ed with fielding, training and construction.

The 2/25 Stryker Brigade Combat Team at Schofield Barracks has been training hard for 12 months to attain combat readiness for a deployment into Iraq. Its training is on schedule to culminate in November 2007.

COMMENTARY

The Army issued contracts for world-class training and support facilities for the Stryker Brigade and other Army forces in Hawaii. The construction projects include mitigation measures and resources to protect the environment.

The 9th Circuit Court's ruling for a supplemental environmental impact statement did not direct the Army to stop any Stryker Brigade fielding, training or construction actions. The opposing group will likely file again for an injunction to halt all Stryker-related activities.

The Army can produce a supplemental environmental impact statement answering the Court's requirements and is already



Lt. Gen. John M. Brown III

preparing to do so.

•Halting these Soldiers' training and preparation for a combat deployment would be wrong.

•Not providing full training for these Soldiers before sending them into combat would be irresponsible and criminal.

•Separating them from their families for many months to train at an area outside Hawaii and then deploying them for a year in combat would be cruel.

•Halting the construction of world-class training facilities that will raise combat training standards for all Army Soldiers in Hawaii, to include the Hawaii Army National Guard and Army Reserve, would be wasteful of taxpayer dollars and endanger many jobs.

The Army's new Stryker brigade combat teams have proven to be highly effective in the global war on terror and provide our Soldiers greatly improved combat capability and protection.

We will continue our efforts to provide the very best equipment and training to our Soldiers and sustain America's Army ready to confront any threat to our country.

We are a nation at war.



Spc Yolanda Moreno Leon | 138th Mobile Public Affairs Detachment

Christmas in October

MOSUL, Iraq — Brig. Gen. Frank Wiercienski, deputy commanding general, 25th Infantry Division Multi-National Division North, and several of his staff members pose for a photo with care packages sent to them from American citizens. Division Soldiers will hand out many of the items to Iraqi children in the spirit of humanitarianism.

LIGHTNING SPIRIT

Refugee models service

CHAPLAIN (LT. COL.) JOEL A. LYTLE
Community Chaplain, Schofield Barracks

I met Mr. Choi during my assignment with the 5th Squadron, 17th Cavalry Regiment, 2nd Infantry Division, in Korea in 1992. He was known as the "Doughnut Man" at the Multi-Purpose Range Center (MPRC), and he managed a small concession in the middle of the housing area of the Soldiers deployed to the MPRC for all stages of gunnery.

Choi and his family fled North Korea just before the Korean War started. Only he and his grandfather survived the trip, but his grandfather was killed one year after the conflict started.

Choi was 10 years old, homeless and without a family in a foreign country that was at war. American airmen discovered and cared for this young homeless refugee throughout the entire war. After the armistice was signed, the airmen ensured he was placed into a safe and secure orphanage.

Presently, Choi serves his adoptive military family at the MPRC through the concession, as well as cares for orphans in the local community. What sets him apart from others is the orphan community he has chosen to reach out to. They are elderly orphans that — very easily in that culture — would go by unnoticed and not cared for.

Choi and our unit joined together to take a food offering that was distributed to the orphanage. Those in the orphanage responded with overwhelming appreciation and a desire to share the food with us. The Soldiers joined together with them in thanksgiving and prayer, and were overwhelmed with a true understanding of "selfless service" and sacrifice.

The Soldiers were blessed with the physical ministry that they shared with Choi and the selfless service he demonstrated. He overcame tremendous adversity through serving those who helped him as well as those he can truly identify with in their unique need.

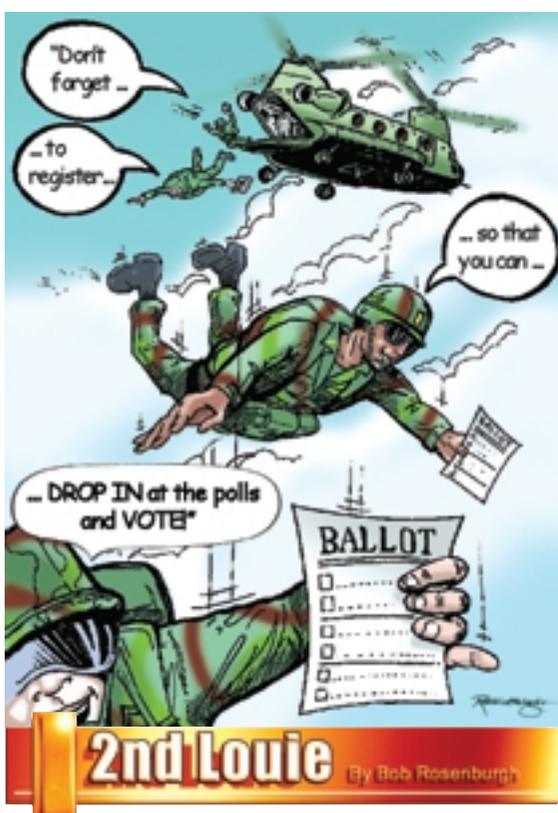
The faith lesson we can draw from this example of selfless service is that we can choose adversity and dwell in it, or through adversity we can choose to overcome it and let it be an opportunity to grow and serve.

Our challenge is to choose to do God's will in the face of adversity and leave the results to God.

23 days since last fatal accident

Soldiers, as your daily reminder to be safe, place a "red dot" on your wristwatch.

Remember, a division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities. As of 10/18/06



2nd Louie By Bob Rosenburgh



In support of the "Get out the vote" project, federal voting assistance officers are encouraging service members and eligible family members, worldwide, to register and vote. Motivational posters feature winning slogans in the 2006 campaign.

Voices of Lightning: "In light of this week's earthquake, what will you do differently?"



"I would have prepared my emergency kit with flashlights and batteries."

Sgt. 1st Class Stephanie Conner
HHC 29th Eng. Bn.
Sr. Personnel Sgt.



"I would have had plenty of bottled water."

Pfc. Raymond Donald
HHC 29th Eng. Bn.
Comm. Specialist



"I should have had a battery operated radio."

Sgt. Corean Pearson
205th MI Bn.
Intel Analyst



"I would have bought more food and snacks."

Spc. John Brachna
311th Signal Command
Admin. Specialist



"I would have had a hibachi grill."

Mr. Karston Booker
Ft. Shafter
Composite Team
HR Assistant

Rear Detachment assumes control of stored equipment

Story and Photo by
SPC. DAVID HOUSE
17th Public Affairs Detachment

Millions of dollars worth of equipment is now in the hands of the 25th Infantry Division (ID) rear detachment after the bulk of the 25th has deployed in support of Operation Iraqi Freedom.

“While deployed, the last thing commanders need to worry about is equipment left behind and who will maintain and secure it,” said Capt. David S. Clark, Headquarters and Headquarters Company (HHC) rear detachment commander.

The process started in May with units accounting for 100 percent of the items. Organizations then determined what would be taken downrange and what would be left behind. Items to be left behind were turned in for processing by the rear detachment.

“With every deploying unit turning equipment in, it started to pile up fast,” said Clark. “So far we have worked on fourteen large twenty foot trailers of



Spc. Lindsay Brock and Pvt.2 Nicole Goodrich, both of Headquarters & Headquarters Company rear detachment, sort tent equipment at the motor pool.

equipment. The total dollar amount is nearing \$40 million dollars.”

Old, outdated and broken equipment is

being removed from property books, leaving room to acquire newer, more up-to-date equipment when the units return

from Iraq.

“This allows deployed units a chance to clear out some much needed space and time to decide what equipment, if any will need to be replaced,” said Clark.

“Some organizations also have excess equipment that has been lying around for years, and might have fallen off of their property books, yet they have no need for it. We take that off of their hands and are sometimes able to fulfill the needs of other organizations that might have shortages.”

About 50 Soldiers assigned to the rear detachment are sorting the items, which are staged at the motor pool.

“It has been tiring, at times, but it is good to help out in a time of need,” said Spc. Lindsay Brock, HHC, 25th ID. “Every time we clear out a pile, it is one more step towards completion.”

Excess equipment will be handed over to the Defense Reutilization Management Office, which will determine what to do with the equipment: to scrap, sell at auc-

tion or refurbish and put it back into the system.

Clark added, “It’s a daunting task at best, but it is a job that has to be done and has needed to be done for a long time, and I’m not above joining in the rubble and getting dirty as all of our efforts will result in saving the Army money.”

Other than sorting equipment, Clark and his rear detachment team are available to support the families of deployed Soldiers.

“We are also here for the family members of the deployed Soldiers in case they need something,” Clark said, “such as if a family member has not heard from their Soldier, we can send word downrange for that Soldier to try and make contact home.”

Members of the rear detachment will continue working until the job is done or until the division returns from Iraq.

Infantrymen battle wits, obstacles to garner EIB

Story and Photos by
SPC. AMANDA FLEMETT
2nd Brigade Public Affairs

Every Soldier learns common military skills in basic training, but for the Soldier whose MOS is "11 Bravo," an infantryman, these basic skills are his way of life.

The 11 Bravo shows his proficiency as an infantryman by earning the Expert Infantry Badge (EIB) in a competitive environment. It is he who is often called upon to be at the frontlines during conflicts with enemies. It is he who willingly and knowingly puts his life on the line for every American. So for these reasons, he is honored to earn the coveted EIB award.

Yet, every infantryman must prove he is proficient at his daily skills. During the EIB contest, he is only allowed two "no go's" throughout the entire competition. Once he has acquired two, he is out, disqualified. Since no 11B wants to be out of the running, each dedicates himself to the training.

This week and last, Soldiers of 2nd Brigade's 1st Battalion, 14th Infantry Regiment; the 1-21st; and the 1-27th trained day and night, soaked up books and much advice, all to meet prerequisites that could earn them an EIB.

"I believe the EIB is the single most important award an infantryman can obtain in his career," said 1st Sgt. Todd Tracy, first sergeant of the brigade's Headquarters and Headquarters Company.

Desired by every infantryman, the EIB shows he has the necessary skills to survive, to make decisions that matter when it comes to life and death.

Soldiers are first identified by the chain of command in their units. Next they meet height and weight standards, then successfully complete a 12-mile road march with a 55-pound rucksack, and day/night weapons qualifications and day/night land navigation tasks. All of these requirements must be completed before a Soldier can even begin training for the skills needed to earn the EIB.

"I think having to complete the prerequisites before coming out to the training site helps take some of the pressure off of earning the EIB as opposed to when I went through" said Tracy.

"When I went through [EIB] there was no training on-site. You showed up to the EIB site and started testing that day," said Sgt. Maj. Robert W. Pittman, brigade operations sergeant major. "Now we live for two weeks on the site, training. Then there's a three-day test period.

"It used to be up to the squad leaders to train Soldiers who were in garrison," Pittman continued, "and they weren't clear about the standards. Now the standards are clear. Each candidate gets a book, a month in advance, and they receive expert training on the site



Staff Sgt. Louise Villegas, C Co., 1-21st, grades Pfc. Chase Lagerquist of Headquarters and Headquarters Co., 1-14th, as he makes Individual Movement Techniques, including a low crawl to the finish line.

by already qualified EIB personnel."

The prestigious EIB requires constant training. Soldiers rarely take breaks, despite rain or scorching heat.

"It's what makes you an 11B. If you don't have one, you're not an infantryman until you do. It's something every infantryman should work ... to get," said Staff Sgt. Carl Holst, NCO trainer and grader at the M249 sta-

tion of Charlie Co., 1-27th.

"We are a modern Army, and we have all these technological gadgets that make us a more lethal fighting force, but this comes back to basic Soldier skills. I don't think you can ever get away from that,"

Staff Sgt. Daniel Martin (foreground), EIB grader, A Co., 1-21st Inf. Regt., shows Pfc. Collin Kelly, left, and Pfc. Joseph Barbour, right, both A Co., 1-27th, the correct procedure for checking the backblast area while employing the AT4 M136 launcher.

Tracy said. "God forbid you go downrange and you run out of batteries on your GPS [global positioning system]. What are you going to do? You're going to pull out a map and get from point A to point B," he said.

If an infantryman should fail at a station, an EIB-qualified noncommissioned officer who grades and trains him takes the Soldier through steps again, to show what it is that he is forgetting. Soon skills become second nature. Then the Soldier reacts without thinking, something that will save his life during deployment.

"I think once a Soldier earns his EIB and he's standing left and right of a Soldier that has not yet had the opportunity to achieve it, it will mean something different to that individual," said Tracy.

"Earning the EIB shows that you actually care about your job, and that you're not just earning a paycheck. It shows that you've learned your skills and people can trust you," said Pfc. John Bothke of A Co., 1-27th.

The next EIB competition will be held in Area X of Schofield Barracks after Soldiers complete their two-week training cycle. Once the contest has ended, 2nd Brigade units can boast who has the most expert infantrymen.

USARPAC vies with 10 commands for 'Best Warrior'

SGT. DANNY MCCORMICK
U.S. Army Central, 3rd Army Public Affairs

FORT LEE, Va. — Twenty Soldiers representing 10 commands throughout the Army came together to vie for the title of "Best Warrior" in the Department of the Army's 5th annual Noncommissioned Officer and Soldier of the Year Competition at Fort Lee, Va. Oct. 2 to 6.

The Soldiers faced the board on the first day of the competition — which is presided over by Sgt. Maj. Of the Army Kenneth O. Preston — though the board had been held last in previous years.

The competitors included Spc. Bryan E. Raya, representing U.S. Army Pacific, competing in the Soldier of the Year competition. Raya is a trombone player with the 25th Infantry Division (Light) Band at Schofield Barracks, Hawaii, and a native of Fresno, Calif.

Staff Sgt. Travis G. Stoufer, representing U.S. Army Pacific, competed in the NCO of the Year competition. He is a military policeman with the 247th Military Police

Detachment ay Torii Station, Okinawa, and a native of Liberty, Mo.

After facing the board, the Soldiers competed in the Army Physical Fitness Test, a written exam and essay, day and night urban terrain navigation, warrior task testing, weapons qualification and the infamous "Mystery Events" that test not only their physical abilities, but their mental sharpness, attention to detail and their quick response to changing events.

The weeklong event ended without a winner being named; announcements were made at the Association of the United States Army Annual Meeting, last week.

During the weekend while they were awaiting results, competitors gathered together in Washington, D.C., to watch another annual Army competition — the Army 10-Miler run, Oct. 8.

The five-day Best Warrior ended when Preston named Spc. John Emmett of U.S. Army, Europe, and Sgt. 1st Class Jason Alexander of U.S. Army Forces Command as Soldier and Noncommissioned Officer of the Year.



U.S. Army Photo

Sgt. Bryan E. Raya (left), a trombone player with 25th Infantry Division's Tropic Lightning Band, and a native of Fresno, Calif., competes Oct. 6 at the Best Warrior Competition at Fort Lee, Va., representing U.S. Army Pacific.

Raya attempts to pin Spc. April N. Johnigan of Victory Support Battalion, Fort Jackson, N.C., representing the Training and Doctrine Command, in this bout.

Two Soldiers represented USARPAC at the annual competition.



Bob McElroy | Pohakuloa Training Area Public Affairs

First firing

POHAKULOA TRAINING AREA — Bravo Battery, 2nd Battalion, 11th Field Artillery Regiment, fires a high-explosive round from its new M777 howitzer into an impact area, Oct. 12. The unit was the first to fire the new weapon, which weighs less than 10,000 pounds, but provides Tropic Lightning “Redlegs” and units they support with the same fire support capabilities as the M198 155mm howitzer it replaced.

Little things provide big payoffs

Part 2 of 4 look at energy awareness explores conservation

JOE FEIND

Resource Efficiency Manager, Department of Public Works

While visiting with office workers, I have heard comments to the effect, “I don’t have any control over the energy savings; that’s the Army’s business not mine.”

The reality is, each of us does have control over a quantity of the energy that is used and a responsibility to make smart energy choices.

These energy savings can be summed up in one statement: If it’s not being used, turn it off.

Saving energy at work starts with your office cubical or desk space. When you leave your desk for meetings, lunch or at the end of the day become aware of the following items:

- Turn off task lighting usually placed under a bookshelf above the desk. If you have multiple task lighting above the desk space or lights for a separate office space, only turn on the light that’s needed.

- Regarding electric desk accessories, turn off items like radios, stereos, plugged-in calculators and personal fans. In addition, turn off each of these items if they are not being used during the day.

- Turn off office equipment like

computer speakers, computer monitors, printers and scanners.

- Consider placing all accessory devices on a power strip, which makes for quick and easy one-switch turn off.

- The Army policy on computers is to turn them off at the end of the day and on weekends.

- You should take advantage of natural light and simply turn off lights when daylight comes in from nearby windows, sufficient for performing tasks.

To place a service request, call the DPW service order desk at 656-1275.

- Check items like shared printers and copiers and paper shredders. Printers and copiers should have their energy saving mode turned on after set periods of non-use. Call your computer department if these devices do not work properly.

- If you are in an air-conditioned (AC) area, keep the thermostat at 74 degrees Fahrenheit or above. Keep doors and windows closed when the AC is on, and if window AC units are being used and no temperature indicator is present, request a thermometer be placed in the vicinity of the window unit.

Turn off units in unoccupied areas.

- In kitchen and bathroom areas, turn the lights and exhaust fans off when not being used.

- In the workplace, refrigerators must not exceed one cubic foot size per person. To illustrate, most kitchen refrigerators are about 15 cubic feet, enough for 15 people. In the workplace, refrigerators intended for one person’s use are prohibited.

- If you notice a water leak, create a service order with DPW for its repair. Likewise, if you notice outside lighting on during the day, call in a service order to the Directorate of Public Works.

If you make each of these items a habit, they and you will go far in conserving energy. Along with each of our building energy monitors, who oversee energy efficiency, you are asked to be the eyes and ears of the Utility Division to assist in reducing electrical and water consumption.



Tripler observance aids grieving parents of infants

Story and Photos by
MINDY ANDERSON
Tripler Army Medical Center Public Affairs

HONOLULU — Each year there are approximately 25,000 stillbirths, 18,000 newborn deaths, and more than 750,000 miscarriages nationwide. Due to these alarming statistics, the month of October has been designated as National Pregnancy and Infant Loss Awareness Month.

In recognition of pregnancy and infant loss, more than 75 family members attended the 7th Annual Candlelight Memorial Service at the Tripler Army Medical Center (TAMC) Chapel, Oct. 14.

Hosted by TAMC, the annual service allows family members who have experienced a loss come together and grieve with others in a compassionate setting.

Paula Yap and her family have attended the service every year since the loss their son in February 2000.

“I was 36 weeks into my pregnancy when I was involved in a car accident and lost my son,” Yap said. “I was referred to a local support group at Kaiser who helped me and my family a lot by providing us with a better understanding of the grieving process.”

The annual ceremony began as



Rebecca and Annie Espinosa, hula dancers from Makakilo Baptist Church Performing Arts, dance during the 7th Annual Candlelight Memorial Service, Saturday, at the Tripler Army Medical Center Chapel.

lies the built-in support of being with other families who have experienced a loss, as they are the

only ones who truly understand and empathized with this type of a loss,” Nachtigall said.

The annual ceremony provides the community with the gift of healing, and couldn't be done

without the support of the TAMC Chaplaincy.

“We honestly could not do it without the support of the Chaplains Office, and this year, Col. Paul Buck, [chief, chaplain office, Pacific Regional Medical Command and TAMC] has provided such wonderful support, as he recognizes the ministry we are providing the community.”

The service also included a performance from the Makakilo Baptist Church Performing Arts dancers as well as a number of guest speakers, including Chap. James Mucha, chaplain office, TAMC. “It is important during a time like this for parents to come together and share their experiences during the grieving process,” the chaplain said in his sermon.

After the service, guests attended a small reception where they

could share their feelings and experiences with each other.

“For many families, grieving the loss of an unborn child or infant is extremely difficult given that they did not have the opportunity to experience normal activities that most parents have with their children,” Nachtigall said. “Having a venue to talk about their feelings and experiences with others is a key element in coping with a loss.”

For many families like the Yaps, the memorial service established a time to come together with others and remember the lives of their children who were taken away too soon.

“This ceremony here at Tripler is an event we will continue to attend for years to come,” Yap said.

(Editor's Note: Statistics in the first paragraph were provided by Tripler Army Medical Center's Social Work Department.)



During the candlelight service, Chantel Sabey, a hula dancer from Makakilo Baptist Church Performing Arts, dances to the song “I Can Only Imagine.”

a group effort.

“A group of us social workers and nurses who are trained bereavement counselors got together to plan a community effort,” said Cynthia Nachtigall, social worker, TAMC. “At that time there were five hospitals represented: TAMC, [Queens], Kaiser, Castle, and Wahiawa General, with Castle and Wahiawa General dropping out a few years back.”

Nachtigall said the group decided a memorial service would give the best benefit of remembering the babies who had died, be accessible to most the family members, and offer the most healing.

“When I approached the TAMC Chaplains, they agreed to let us use the TAMC Chapel to host the ... service and the rest is history,” she said. “It was the perfect location because it was large enough, was not associated with one religion, and had the lanai for the refreshments we provide as part of the social-support afterward,” Nachtigall added.

The social support after the ceremony is one of the most important parts of the memorial service.

“The social support following the annual ceremony offers fami-

News Briefs

Send calendar announcements to community@hawaiiarmyweekly.com.

October

20 / Today

Employee Climate Survey — U.S. Army Garrison, Hawaii, employees are encouraged to complete the 2006 Employee Climate Survey that will provide pertinent feedback to garrison leadership. The survey will be available online through Oct. 30.

For employees without Internet access, hard copies of the survey will be distributed through the various chains of command. For more information about this survey, contact Gayle Yanagida, 656-4681.

21 / Saturday

Schofield Barracks Road Closure — Lyman Road from Hewitt Street to Kolekole Avenue will be closed Oct. 21 from 8 a.m. to 5 p.m. to connect a new sewer line to

an existing line. For more information, call 624-1134.

23 / Monday

Ammunition Supply Closed — The Wheeler Army Air Field Ammunition Supply Point will be closed Oct. 23-27 for Division Ready Force reconfiguration. Normal operations will resume Oct. 30.

Emergency requests will be processed if approved by G-3 training during this period. Contact Staff Sgt. Littlejohn at 655-8993 or John Madarang at 656-1649.

24 / Tuesday

Schofield Town Hall — The next Oahu North Town Hall meeting is scheduled for Tuesday, Oct. 24 at 6:30 p.m. in Sgt. Smith Theater, Schofield Barracks.

The town hall meeting provides information to residents about community events, security, housing, deployment and more. For more information, call 655-0497.

Please Kokua — Because of shipments of blood to war zones, Tripler blood supply levels are at a critical low.

Without intervention from civilians and military family members, necessary blood inventory will not

be available.

The military has always taken care of its own, so friends, family and co-workers are encouraged to donate.

The following are blood drive dates through the end of October:

- The Mall at Pearl Harbor rotunda, Oct. 24, 10:30 a.m. to 3 p.m.
- Marine Corps Base Honolulu chapel, Oct. 25, 9 a.m. to 3 p.m.
- Hickam Air Force Base community center, Oct. 26, 9 a.m. to 2 p.m.
- Schofield Barracks Tropics Club, Oct. 31, 10 a.m. to 3 p.m.

For more information, call 433-6699.

November

29 / Wednesday

SAEDA / OPSEC Community Brief — The Hawaii Resident Office presents the mandatory SAEDA (Subversion and Espionage Directed against the Army) briefing. Army regulation 381-12 requires all Department of the Army personnel receive this training annually.

The briefings are scheduled for Nov. 29, 2 p.m. at Richardson Theater, Fort Shafter and Nov. 30, 9:30 a.m. and 1:30 p.m. at Sgt. Smith Theater on Schofield Call 438-1872.

Ongoing

Voting Assistance Materials

All unit voting assistance officers are reminded that voting awareness materials are available at the Records Holding Area, Building 6042, East Range.

Pick-up hours are 8 a.m. – 1 p.m., Monday through Friday. For procedural information, contact Capt. Brownlow at 655-4215 or Tony Caldera at 656-0334.

HPU Military Scholarship

A new Hawaii Pacific University scholarship offers reduced tuition to military spouses. Graduate and undergraduate students can apply for the scholarships, which reduce the already-discounted military tuition by 25 percent.

This scholarship applies to class-

es taken at military campuses between October 2006 and September 2007.

Spouses of National Guard or Reserve members who have been deployed for more than 60 days and are HPU students can also apply.

For details, call the Schofield military campus program at 624-9881 or Tripler's program at 834-4008.

SAFAC — The Soldier and Family Assistance Center allows members access to various agencies on Schofield Barracks and at Tripler Army Medical Center via one phone number, 655-6600.

Open 24/7, the service expedites entrance into a care network, appointments within 24 to 72 hours, that can address challenges and mental health issues such as

substance abuse spousal/child abuse and marital/family therapy.

The SAFAC triage line, however, is not a crisis intervention line. Life threatening issues are best handled by an emergency room or by calling 911. For more details, call the SAFAC administrator at 655-4803.

Free USPS Packaging — The U.S. Postal Service provides military family members and friends with packaging materials to send packages to service members. Call (toll free) 1-800-610-8734, select option #1, then #1 again, then #2 and ask for the "Military Pack."

Eight boxes, tape, packaging materials and labels will be mailed to those who call. The postal service will also provide an ID number to reorder supplies, but allow four

SEE NEWS BRIEF, A-10

IED hunters push through nerves, clear roads

Story and Photos by
SGT. TONY WHITE
5th Mobile Public Affairs Detachment

KIRKUK, Iraq — Wiping the remaining traces of sleep from their eyes, several combat engineers emerge from their tents, early on a Saturday morning, and begin a walk to their vehicles. Still yawning, they start putting on their equipment.

For combat engineers of 1st Platoon, A Company, 3rd Brigade Special Troops Battalion, 25th Infantry Division, this trek was their second route reconnaissance in less than 12 hours.

Not taking anything for granted, they readied themselves, knowing their mission was to find improvised explosive devices (IEDs) and clear the routes for their fellow Soldiers to use later in the day.

After checking their vehicles and equipment, the engineers received their patrol brief. Ten minutes later they mounted up, listening to "Welcome to the Jungle" by Guns 'n' Roses, readying them for the day's work.

"I actually get more scared during hoaxes," said Pfc. Chris Bateman, vehicle driver. "Just every little crack in the road can get your nerves going. When you do actually find a possible IED, you just get that hyped-up feeling."

Staff Sgt. Michael Bailey-McGuire, team leader, echoed Bateman's apprehension: "I couldn't even



Staff Sgt. Michael Bailey-McGuire, combat engineer, 1st Platoon, A Company, 3rd Brigade Special Troops Battalion, 25th Infantry Division, checks his equipment during a route reconnaissance in Kirkuk, Iraq.

At inset — Bailey-McGuire sports an "IED Hunter" tab, along with two "X" marks on his uniform, to display the number of IEDs he has found. Many of the Soldiers in his platoon wear the tab.

tell you what is going through my mind when I find an IED. You just do what you have to."

"STOP! STOP! STOP!" blared over the radio hand-

set. Someone thought he had found an IED. The convoy waited several tension-filled minutes. Then, over the radio, someone announced it was just a false

alarm.

"Just about everyone in the platoon wears a patch saying 'IED Hunters,'" said Bailey-McGuire, a native of Mcloud, Okla. "So far, I have found two, so I wear these 'X' marks on my gear. My gunner found the first one in the entire battalion."

Whether fortunate or unfortunate, the day is a boring one for the combat engineers. The guarded Soldiers discovered the one false alarm, but otherwise found only burning oil fields while driving down the roads of Kirkuk.

"I like [my job]," said Bateman, a native of North Salt Lake City, Utah. "People ask me all the time how I do my job. I don't mind it. I do know that I couldn't sit behind a desk. I would get stir crazy."

"Doing this job, I am going out of the wire every single day, and it is making the deployment go that much faster," he said.

After several hours the platoon turned around, headed back home.

Since these Soldiers began scanning the roads of Kirkuk two months ago, they have found 19 IEDs.

"It comes and goes," said Bailey-McGuire. "There will be a stretch of days that we don't find a single IED, and then there will be stretches when we find them every day. The most we have found in one mission is six."

Once home, the combat engineers jumped down from their vehicles. It was early afternoon and their mission was over. The only thing on their mind was lunch and sleep, things to recharge their batteries for the next day's mission of clearing more roads.



Taro patch

FORWARD OPERATING BASE WARRIOR, KIRKUK, Iraq — Since they are now attached to the 3rd Infantry Brigade Combat Team (3IBCT), 25th Infantry Division, for Operation Iraqi Freedom IV, Soldiers of 2nd Squadron, 6th Cavalry Regiment, 25th Combat Aviation Brigade (above), proudly don and display the division's signature lightning bolt and taro leaf combat patch under their American flags. Their patches were awarded at a ceremony, Oct. 13. It's awarded to Soldiers serving in a combat zone more than 30 days.

At right, Col. Patrick T. Stackpole, 3IBCT commander, attaches a patch to the right sleeve of 1st Sgt. Frank Wallace, Headquarters and Headquarters Troop, 2-6th Cavalry.



Photos Courtesy of 3rd Infantry Brigade Combat Team

2-6th Cav. mechanics keep birds flying

PFC. DURWOOD BLACKMON
25th Infantry Division Public Affairs

KIRKUK IRAQ — Helicopters are commonly seen combing the skies around Army bases throughout Iraq. From assault missions, to transporting people and supplies, they are an invaluable resource and perform a variety of essential tasks.

Given that helicopters are important pieces of equipment, without the Soldiers who service them and keep them maintained, the aircraft would be little more than birds without wings.

"We have three jobs in one, and they are all very important. We have the weapons, electrical and avionics systems, which must be maintained. Without ensuring the aircraft is operational it will not fly," said Spc. David Hopkins, an aviation electrical systems repair specialist, Delta Troop, 2nd Squadron, 6th Cavalry, 25th Combat Aviation Brigade.

Keeping the intricate systems on a helicopter up and running can be a daunting task. With daily checks and constant repair and replacing of parts, Soldiers of 2-6th Cavalry steadily work keeping the aircraft ready to fly.

Spc. Elijah Hedges, an integrated armament test equipment specialist, B Company, 209th Aviation Support Battalion, 25th CAB, has the crucial job of making sure the electronics function properly.

"We work on anything that operates the electronics inside the helicopters. In two weeks we have put on ninety-two parts and also maintain the aircraft daily," said Hedges.

Everything on a helicopter runs off one



Spc. David Hopkins, aviation electrical systems repair specialist, Delta Troop, 2nd Squadron, 6th Cavalry, 25th Combat Aviation Brigade, inspects equipment on an OH-58 Kiowa Warrior at Forward Operating Base Warrior.

complex system operating in unison with another. Without power, however, nothing on the aircraft would work.

For one technician, keeping the power supplied to all the systems is high stress, but the opportunity to train others is worth the effort. "I do a lot of maintenance on aircraft bat-

teries. I typically work on three to four batteries a day. There is a lot of pressure at times, but I stay busy, and without the batteries nothing would work. I also enjoy training other junior enlisted Soldiers and sharing my experience," said Spc. Jen Yung Lee, aircraft electrician, B Co., 209th Aviation.

Most of the Kiowas' that are serviced by 2-6th Cav. are typically unscheduled emergency services. Not only are their regular upkeep important, but the weapons systems and engine must also be highly functional.

"As a maintenance group, we do mostly unscheduled emergency maintenance. We service the sighting, armament and engine systems as well as electrical systems," said Chief Warrant Officer Louis Fingold, aviation maintenance officer, D Troop, 2-6th. "Most of the helicopters have to be serviced every one hundred hours. If you don't service the equipment it's not going to work correctly or safely," he said.

The biggest challenge for the unit is communication to other locations. However, the unit prides itself on teamwork and ensures any aircraft it works on is ready to fly.

"Our job is very important. One of the biggest challenges we have right now is communication with our supporting elements and other elements in country," Fingold explained. "We can find assets, parts and tools, but they are usually located at other sites and it is difficult trying to reach someone. Otherwise, I think we have a great team and we are doing a really good job working together to complete our mission," he said.

News Briefs

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to 10 days to receive materials.

Master's Degree — The University of Oklahoma is offering a Master of Arts in Managerial Economics. The non-thesis program can be completed in about 18 months.

The one-week classes are TDY/TAD friendly. Contact OU at 449-6364, or aphickam@ou.edu, or visit the Web site at www.gouou.edu.

Road Closure — Foote Avenue will be closed between Lewis Street and Heard Avenue through Oct. 31. Contact Owen Ogata at 624-7234 regarding concerns.

In addition, the Macomb Gate will be closed for the duration of the 25th Infantry Division's deployment.

Volunteer Opportunities — Get out of the house and help others by volunteering. Volunteering is a great way to meet new people, receive valuable job experience and support the Army Family.

Several volunteer opportunities are available on and off post. If interested in volunteering, visit www.mwrarmyhawaii.com, click on: ACS, Download Center, and Volunteer Job Opportunities. Spread Aloha by volunteering.

Army Reserve Opportunities

— Are you an active, Guard, or Reserve Soldier who wants to continue your Army career but job/school/schedule conflicts keep you from attending weekend drill? Or are you leaving active duty and want to continue earning points towards retirement?

Consider joining a points-only reserve unit to continue your military career while maintaining your benefits. Drills are three evenings a month at Fort Shafter Flats. All ranks are eligible. Contact Maj. Pepper 438-6242 or Sgt. Maj. James Kahalehoe 228-3323.

Hawaii Army Family Action Plan

— The HAFAP is an online forum to address quality of life issues for the Army community. Everyone who lives and works in the Army community is encouraged to submit issues to make the community a better place to live and work.

Tell HAFAP about a problem in the community, who it affects, and recommend a solution. Not only can issues be submitted, there is an opportunity to be involved in the process of prioritizing issues by participating in the conference as a delegate.

For more information on the HAFAP process or to submit an issue, visit www.mwrarmyhawaii.com, click on the following links: ACS, Getting Involved, Hawaii Army Family Action Plan.

ACS Volunteers — Free child care at an hourly rate is provided for up to 20 hours per week for those who volunteer with ACS. Volunteering offers job experience and flexible hours. For more in-

formation, call 655-4227.

CLEP — College level preparatory exams are now available free to active duty, Reserve and National Guard, and for only \$75 for others. Family members of Reserve, National Guard, and Coast Guard may take the tests free, but they must pay a \$20 administrative fee.

Tests are scheduled three times a day on the following schedule:

- Hickam AFB, Mondays and Wednesdays;
- Pearl Harbor, Tuesdays and Thursdays;
- Marine Corps Base Hawaii (MCBH), Fridays.

For more information, call Hickam AFB, 422-1032; Pearl Harbor, 422-0079; or MCBH, 254-4133.

Financial Health — Want to be money-fit? Contact ACS, located on Schofield Barracks, Building 2091. Classes include checkbook maintenance, money management, credit management, the Thrift Savings Plan, car buying, mutual fund investing, college funding, and AER/Command referral.

Instructors also assist with zero-percent interest Army Emergency relieve loans.

To attend a class or schedule a one-on-one appointment with a financial counselor, call 655-4ACS(4227). All services are free.

Protestant Women of the Chapel

— A place to find laughter, a place to find hope, a place to find friends, a place to find your faith. PWOC — a place for you. Join us for our Fall Session every Tuesday from August 29th through December 12th. We meet at the Schofield Barracks Main Post Chapel from 9 to 11:30 a.m. Free on-site child care is available by reservation. For further information call 206-8504.

ACS Volunteers — Free child care at an hourly rate is provided for up to 20 hours per week for ACS volunteers.

Volunteering offers job experience and flexible hours. Call 655-4227.

Passport Express

— If for any reason Soldiers or their family members need to acquire a passport quickly, they can download an application from www.travel.state.gov. After completing the form, individuals should make an appointment with the Passport Agency Office, by contacting Howard Josephs at 529-6565.

Normally, within three business days, the agency can rush/expedite passports if individuals bring along required documents: 1) proof of departure (airline tickets, travel orders or a letter from the commander); 2) proof of citizenship (previous passport, certified birth or naturalization certificate, certificate of citizenship); and 3) proof of identity (previous passport, driver's license, government or military ID card).

Former registration cards or Army discharge papers are not sufficient as proof of citizenship. For more details, contact Niles Haneshiro in G-8 at 656-3371.

2-25th CAB gets medal, patch, DFAC, PX

OIF

Story and Photo by
PFC. DURWOOD BLACKMON
25th Combat Aviation Brigade Public Affairs

TIKRIT, Iraq — Honorary guests joined Soldiers of Task Force Diamondhead, 2nd Battalion, 25th Combat Aviation Brigade, who proudly received the Iraqi Campaign Medal and Soldier Sleeve Combat Insignia during a recent ceremony at Life Support Area (LSA) 11 at Contingency Operating Base Speicher.

The shoulder sleeve insignia was awarded to members of Task Force Diamondhead for actively participating and supporting operations against hostile forces. The Iraqi Campaign Medal was also bestowed to those same Soldiers for their service in Iraq in support of Operation Iraqi Freedom.

"It is a great honor, one that can't be taken away from me or any of you, to wear the Tropic Lightning patch on my right Shoulder signifying combat service," said Lt. Col. Frank W. Tate, unit commander of Task Force Diamondhead, 2-25th. "It is an even greater honor to have earned that right while serving with the volunteers that stand here today guarding the gates of freedom."

In addition to donning a new combat patch, Soldiers also welcomed two new facilities that will make life a little more convenient.

Immediately following the ceremony, two ribbon cutting events unveiled a new mini post-exchange (PX) and dining facility for Soldiers of 2-25th Aviation. The new store is an advantage to Soldiers who usually endure lengthy trips by bus just to get basic provisions.

"This is a huge benefit to our Soldiers. We are a good distance from the greater part of post services," Tate explained. "Simple necessities like soap, magazines and things of that nature are now avail-



Lt. Col. Frank W. Tate (left) and Command Sgt. Maj. Robert Felder (second from right) of Task Force Diamondhead, 2nd Battalion, 25th Combat Aviation Brigade, pin the Iraqi Campaign Medal and Soldier Sleeve Combat Insignia onto their Soldiers' uniforms, Sept. 30, at Contingency Operating Base Speicher.

able. It's a big morale booster that the Army Air-Force Exchange Services [AAFES] brought these items to the Soldiers. We are very thankful to have it and the Soldiers are raving about having this facility close to where they work and live."

Pfc. Angie Kim, Black Hawk Mechanic, Delta Company, 2-25th, and Tate inaugurated the new facility by cutting a ribbon draped across the entrance stairs.

The new exchange will not only provide basic needs but also allow Soldiers to

make special requests for items available at the main PX on post.

"The intent is to improve the quality of life for Soldiers who are at a distant and remote location. It's a win-win situation and this new facility continues our mission of we go where you go," said Neils Jensen, acting general manager for Northern Exchange.

As an additional bonus, a Pizza Hut drop off point was installed outside the new PX where Soldiers can purchase hot pizzas on Fridays and Saturdays.

"Even though our dining facilities provide great food for the Soldiers, every now and again, a little something special, like a pizza similar to what you could get back home, is appreciated by everyone," said Tate.

The 2-25th also welcomed a built from scratch dining facility which provides around the clock accessibility.

"This is a brand new dining facility. In our task force alone, we have over 500 Soldiers with additional Soldiers that work for the 209th. These Soldiers currently

have to take a bus or other means two miles to the aviation brigade dining facility to eat. This new facility will bring the same high quality food from the brigade dining facility right here to where the Soldiers are," said Tate.

In addition to painting their unit insignias on a concrete wall leading into the dining area, Soldiers also participated in a contest to name the new building.

The winning name, "The Landing Zone," was submitted by Cpl. Frankie Shy of Echo Company, 2-25th.



Chaplain (Maj.) Sam Murray (facing forward), of 25th Combat Aviation Brigade wishes his son Spc. Steven Murray, an infantryman with B Company, 3rd Battalion, 67th Armored Regiment, good luck before leaving Forward Operating Base Rustamayah.

Father, son reunite at FOB Rustamayah, Iraq

Story and Photo by
PFC. DURWOOD BLACKMON
25th ID Combat Aviation Brigade Public Affairs

TIKRIT, Iraq — For some Soldiers, the Army isn't just a way of life, it's considered the family business.

Maj. Sam Murray, brigade chaplain, 25th Combat Aviation Brigade, and his son Spc. Steven Murray, infantryman, B Company, 3rd Battalion, 67th Armored Regiment, recently met at Forward Operating Base (FOB) Rustamayah, in Baghdad, to celebrate an accomplishment.

"He has been accepted to flight school and will be reporting there shortly. I couldn't be more proud," said Maj. Murray.

Spc. Murray was recently accepted into Warrant Officer Candidate School (WOCS), fulfilling his dream of becoming a pilot.

Although going to WOCS will mean changing career paths, he couldn't be happier with his decision.

"I'm very excited and I'm looking forward to it. It's going to be a lot of fun," said the specialist. "Flying is something I've always been interested in, and it's something I wanted to do."

The Army is a way of life for the Murray family.

"It's a family business," said Maj. Murray. "He has an older brother, Samuel Murray Junior, who has pulled two tours over here as an Airborne military policeman out of Fort Bragg, North Carolina. I also have a younger brother, their uncle, Sergeant First Class Richard

Murray, with 10th Special Forces group, who has been on multiple deployments in various locations."

For Spc. Murray, choosing to serve his country was an easy decision.

"There are a lot of different choices in the Army. I grew up on Army bases and have been in for just over two years. I really couldn't picture myself doing anything else," he said.

Chaplain Murray is no stranger to the Army either. Although now a chaplain, his experiences are varied with many deployments and years of knowledge to draw from.

"I spent ten years as an infantry officer and was a company commander during Desert Storm and Desert Shield. I joined the Army in 1980 and have been in for over twenty-six years," said the major.

Although congratulating his son was a large part of what brought the father and son together at FOB Rustamayah, it was also time well spent together as family.

"I am very proud of both of my sons and extremely proud of the contributions our family is making to this effort in the global war on terrorism," said Maj. Murray.

His son piped in, "This has been a really nice opportunity. It's been excellent to have my father visit and to be able to see family again and be together. I'm very proud and happy."

Chaplains bring God to deployed Soldiers

Unit Ministry Teams provide spiritual dimension, morale boost for Soldiers in Iraq

Story and Photos by
SPC. MIKE ALBERTS
3rd Brigade Public Affairs

KIRKUK, Iraq — Why God? For Soldiers struggling with this question or those searching for meaning in their jobs and lives — while at war — resources exist.

The Chaplains of 3rd Infantry Brigade Combat Team (3IBCT), 25th Infantry Division, exist to provide not only traditional religious services that Soldiers receive in garrison, but also guidance to cope with circumstances and events unique to war throughout the brigade's area of operation while in Iraq.

According to Chaplain (Maj.) Scott Sterling, brigade chaplain, 3IBCT, the new modular brigade includes specified "unit ministry teams" (UMT).

"A UMT is composed of an officer, the chaplain and an enlisted Soldier, a chaplain's assistant," said Sterling. "We have a brigade UMT and a UMT for each of our six battalions," he said. "Our mission out here is essentially the same as it is in garrison and that is to bring God to Soldiers and Soldiers to God."

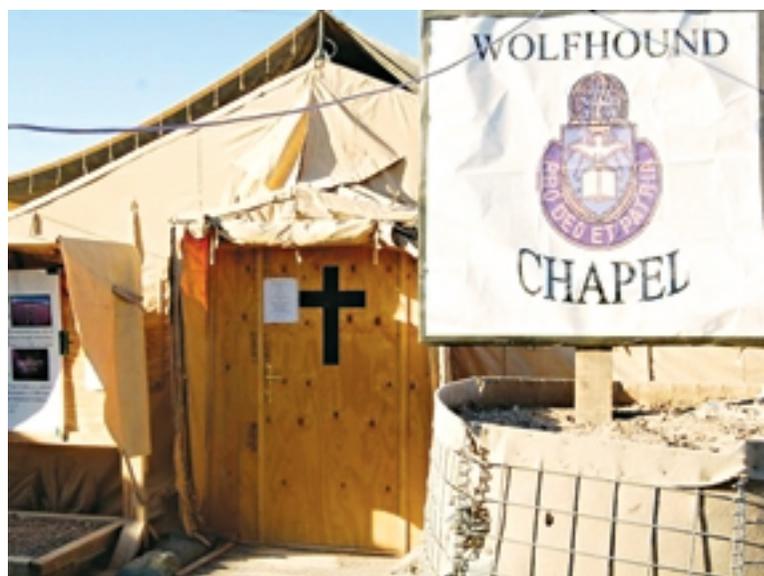
Chaplains in the field are equipped to take care of all of a Soldier's religious needs. However, the uniqueness of a Soldier's life at war demands consideration of issues that Soldiers in garrison don't typically encounter.

"Life and death are stark here at war," said Sterling. "Every time you leave the FOB [forward operating base] bad things can happen. When those things do happen, it can drive you closer to God for comfort and answers, or away from God in your grief, anger or fear."

For these reasons, a Soldier's spiritual health can be vital to a successful tour in Iraq. "You can be physically and technically fit, but if you don't find some meaning everyday in what you are doing, you are missing out,"



Popov



The humble trappings of the Wolfhound Chapel — Soldiers of 2nd Battalion, 27th Infantry Regiment, 3rd Infantry Brigade Combat Team, 25th Infantry Division, known as "Wolfhounds," call this sanctuary home at Forward Operating Base McHenry, outside of Hawija, Iraq.

said Chaplain (Maj.) Howard Fields, Brooke Army Medical Center, San Antonio, Texas.

Fields provides chaplain services at Brooke's burn unit while in garrison. He is in country on a specific assignment to assist 25th Infantry Division in complying with Title 10 to care for Jewish Soldiers during the Jewish High Holy Days.

"An improvised explosive device is an unnatural event," said Fields. "Developing a spiritual dimension to your life helps to deal with trauma and unnatural situations. Someone who is spiritually fit can grieve and cope in a more healthy way," he said.

One of the brigade chaplains that is helping his Soldiers grieve and cope is Chaplain (Capt.) Charles J. Popov, 2nd Battalion, 27th Infantry Regiment, 3IBCT. Popov, who also holds a degree in counseling, lives and works with his Soldiers at FOB McHenry, Hawija, Iraq.

"My main mission here is to care for the wounded, nurture the living and honor the dead," said Popov. "A huge piece in that is un-

derstanding that people are not just physical, emotional or psychological beings. They also have a spiritual aspect to their lives that affects their morale and their attitude. If the spiritual component is down, that will affect the whole person," he explained.

In addition to traditional chaplain services, Popov conducts critical incident stress debriefings to address the complexity of emotions that Soldiers experience after a traumatic event. Interestingly, however, Popov explained that sometimes just being around his Soldiers is all the comfort they need.

"We call it the 'ministry of presence,'" said Popov. "As a chaplain, you don't necessarily need to say anything. You need to show up and be there. For most people, even those that don't consider themselves spiritual, [a chaplain's] presence adds a dimension of hope," he said.

"We are reminders of a higher power. In moments of loss just our presence can be meaningful."

CFC: Local campaign continues to raise donation bar

CONTINUED FROM A-1

crease is most likely a combination of events: returning deployed military, recent hurricane and tsunami events, and an overall commitment to helping others," said Nita Yates, Hawaii-Pacific CFC coordinator.

Last year, Hawaii ranked sixth in number of federal employees and ranked third in amount donated through the CFC.

"This is an outstanding achievement and at-tests to the generosity and community spirit of our federal military and civilian employees," said Lt. Gen. John M. Brown III, commanding general, U.S. Army, Pacific, and Hawaii-Pacific CFC chair this year.

The CFC is made up of approximately 350



local campaigns that raise funds in federal workplaces across the country and around the world. In 2005 a record \$268.5 million was raised for local, national and international charitable organizations.

President John Kennedy established the CFC in March 1961 to consolidate numerous charitable campaigns in the federal workplace. CFC was developed in response to federal employee wishes for a single

campaign, to reduce administrative expenditure, to permit voluntary pay withholding for contributions, and to better support local, national and international health, welfare and philanthropic organizations.

Since its inception, the once-a-year CFC has become the largest combined charity drive in the United States and the world.

ICE feedback helps managers better serve patrons

Story and Photo by
LANDY STEWART MIYAKE
Staff Writer

Got an issue you want addressed? If so, the Interactive Customer Evaluation (ICE) program is an online location where you can express your concerns or appreciation and/or offer comments on your experiences with military programs or facilities.

ICE was established to foster two-way communication between managers and customers. It allows managers to get a feel for what their customers want and improvements they can make to activities on behalf of customers, much quicker than before.

Patrons' comments are welcomed about any Army activity at any Army installation around the world that's registered with ICE. Locally, U. S. Army Garrison, Hawaii customer service activities, Tripler Army Medical Center, post health and dental clinics, and the commissary are all enrolled.

"The beauty of the ICE program is that it's really responsive to the customer," said Kathy Price, Morale Welfare and Recreation (MWR) chief of planning and review. "Patrons can send e-mail directly to facility managers and should get a response in as little as three days," she said.

Army Hawaii's ICE program began in March 2002, and it has steadily increased in popularity since then. The program works like this: Once a facility is registered on the ICE Web site, patrons send e-mails expressing views. Patrons

include contact information in their message so someone from the facility can get back to them.

Not surprisingly, the bulk of comments that come through the ICE system concern customer service. About this trend, Price said, "The large majority just wants to be treated well as a customer."

"You would think that as funding gets cut, they may complain more about the condition of the facility or the equipment. We do get some of that," Price explained, "but the bulk is just how they were treated as customers. It's an area where the feedback is important because it's something we can control. We can provide training to make those improvements."

Christie Ross, a family readiness group leader, was first introduced to ICE about two and a half years ago while she was on Schofield Barracks. She is glad a feedback program exists for Soldiers and their families.

"If you have a legitimate complaint or if there's somebody you'd like to thank — for how well they are doing their job — then this program is great for that," Ross said.

Price strongly encourages people to take advantage of the ICE feedback service. She said comments are tracked and held for further use.

"There may be several requests for a 24-hour fitness facility, which may not be feasible right now, but it could become part of a strategic plan later," Price said. "We strive to work on these comments to make them a reality."



The Health and Fitness Center is one of several facilities customers can evaluate. Recommendations can be made on building improvements, equipment conditions or even the center's group exercise schedule.



Aiko Brum | U.S. Army Garrison, Hawaii, Public Affairs

Military OneSource provides a wealth of resources, information and answers to just about any topic a service or family member throws at its subject matter experts — in multiple languages besides English, too.

Military OneSource is one-stop service

LANDY STEWART MIYAKE
Staff Writer

With so many military resources available for service members and their families, the sheer volume of support can be confusing and overwhelming. Wouldn't it be nice if most answers to your military questions could be found in one place, at one time, so you could know what to do and where to go, just when?

With the click of a mouse or touch of a button, your answers are forthcoming. Military OneSource is the one-stop tool available no farther than your fingertips.

A private service that's open 24 hours a day, seven days a week (and free of charge), Military OneSource is available to all members of the U.S. Armed Forces, their families and next of kin. Guardians of minor children may also use the service to execute their responsibilities under the Family Care Plan.

Started in August, 2003, as Army OneSource and then in February, 2005, consolidated for all branches under the new brand of Military OneSource, eligible patrons have the option to register as members on the Military OneSource Web site, again, for free.

When asked about the goal of Military OneSource, Peter Murdock, an Army program manager and retired major, said, "We want to do whatever it takes to take care of service members. We don't want them to worry about anything, especially during deployment."

Military OneSource may be accessed by telephone and via the Internet. All calls are answered "live," that is a real person comes on the line. The service is not automated.

Additionally, face-to-face counseling is available.

All phone representatives are "master-prepared" consultants. They have master's degrees in counseling, social work or some

other helping profession.

Researchers, consultants and specialty consultants make up Military OneSource. Consultants offer general assistance over the phone, researchers help in finding information to specifically suit the needs of customers, and specialty consultants are trained to help in one specific area such as special needs, finance, elder care, education, in-home child care and/or adoption.



Visit www.militaryonesource.com or call 1-800-342-9647 for more.

When Christie Ross first started out as a family readiness group (FRG) leader, she turned to Military OneSource for assistance. She called to request information about her FRG, and within two weeks, she received a full box of information, including fliers, pamphlets and several different resources she could pass along to other spouses.

"They were very friendly and helpful. If they couldn't find something right away, they'd call me back and follow up," Ross replied, when asked about her experience. "They were also really prompt in sending information out, which was really nice."

Military OneSource also offers translation services for more than 150 different languages. Translations of written documents, as well as real-time phone translation services, are available.

"The most important thing for people to know about Military OneSource is it's there for them twenty-four hours a day, seven days a week. It's private and the people who work here [Military OneSource] are really interested in providing the best service possible to our

What's available at Military OneSource?

- calculators
- self-assessment tools
- discussion boards
- podcasts
- workshops
- e-mailing consultant
- educational materials
- video tips
- quizzes
- links to other military resources

What are the top online issues?

- 1) financial
- 2) employment
- 3) health and wellness
- 4) children and youth
- 5) spouse training and education

What are the top telephone issues?

- 1) stress
- 2) health and wellness issues
- 3) financial and deployment concerns

service members and their families," Murdock explained.

Military OneSource also offers briefings about its program and services. FRGs and units can contact Robert Bransford at robert.bransford@militaryonesource.com to arrange a briefing.

Mystery shoppers take notes, give suggestions on customer service levels

Story and Photo by
LANDY STEWART MIYAKE
Staff Writer

Mystery shoppers are secretly visiting Army facilities and evaluating services. The Morale, Welfare and Recreation Department has recruited these volunteers to provide feedback from a customer service perspective.

According to Kathy Price, Morale Welfare and Recreation (MWR) chief of planning and review, a pool of approximately 20-40 mystery shoppers are available. They visit food, beverage and entertainment venues such as the Tropics, the Nehelani, the KoleKole Bar & Grill and other facilities MWR wants assessed. Mystery shoppers report on outside



The Schofield Commissary is just one of several military facilities using mystery shoppers — volunteers who secretly evaluate military facilities or programs. Based upon their recommendations, changes are made to improve patrons' experiences.

building appearance, what their customer experience was like, a restaurant's food quality, and/or how the service they received via telephone proceeded, for example, if they called ahead to ask for directions.

After visiting facilities, mystery shoppers fill out a report and brief the facility managers, the MWR director and Price. They make recommendations about how the facility and customer service can be improved.

Anne Yoder was a recent mystery shopper at Reggie's, now totally redesigned and called KoleKole Bar & Grill on Schofield Barracks. Yoder considers herself very meticulous and does not like bad customer service. She was really surprised

how open-minded managers were when receiving her comments, even though she was very critical.

Depending upon mystery shopper recommendations, some suggested changes are made immediately. Their approved suggestions that require additional resources or funding may take more time to implement.

An MWR employee for three years, Yoder said she enjoyed her experience as a mystery shopper and learned the importance of customer service.

"All we're doing is helping to make MWR better. That's what we strive for," she said. "We're here for the Army, but if we can do this to help all the MWR facilities, that's a step in the right direction."



20 / Today

Seafood Bucket for Two — It's back! Seafood lovers can dig into a variety of seafood, including shrimp, crab, clams and mussels at KoleKole Bar & Grill, from 5 to 8 p.m.

Cost is \$24.95 for two and includes the seafood bucket and a pitcher of your favorite beverage. Call 655-0664.

Teen Movie Night — Teens are invited to Tropics, Oct. 20, at 6 p.m. for a free movie night. Call 655-8522 for more information or to reserve your seat.

21 / Saturday

Parents Night Out — Leave your kids with Child and Youth Service (CYS) at the Peterson Center on Parents Night Out, and then enjoy a nice night out on the town.

Children enrolled in Parents Night Out must be registered with CYS no later than noon, Oct. 20. Reservations are first-come, first-served. For more information, call 655-8313.

25 / Wednesday

Halloween Activities at Tropics — Come enjoy spook-tacular fun at Tropics, Oct. 25, 6 p.m. Guests can prizes for participating and for wearing costumes. Cost is \$6 and includes two slices of pizza and a drink. Youth, teens and families are welcome. For more information, call 655-8522.

Haunted House — Children ages 6 to 12 years old are invited to the Haunted House and Halloween Costume Contest at Sgt. Yano Library.

The fun starts at 3 p.m. Prizes will be awarded. For more information, call 655-8002.

26 / Thursday

Halloween Fun — Children ages 5 to 10 year old are invited to hear some "not so scary" stories, play games and make crafts at the Aliamanu Military Reservation Library, Oct. 26 at 3:30 p.m.

Dare to wear a costume and receive a trick or a treat. For more information, call 833-4851.

27 / Friday

Hawaiian Luau Lunch Buffet — Enjoy the "ono" taste of a traditional Hawaiian style feast, 11 a.m. to 1 p.m. at the Hale Ikena on Fort Shafter, or 11



Photo courtesy Army MWR Marketing

He's creepy and he's kooky

Jeff Gere, a local storyteller, contorts his face and voice to tell "Spooky Tales" to teens and adults at Schofield's Sgt. Yano Library, Oct. 17. The event was part of the library's Teen Week, which continues through Oct. 26.

Gere, a puppeteer, mime and performance artist, has shared his silly and spooky stories around the islands for two decades. For more about the storyteller, visit www.jeffgere.com. Call 655-8002 for more information about Army library programs.

a.m. to 2 p.m. at the Schofield Barracks Nehelani.

Cost is \$9.95 per person. Call the Hale Ikena at 438-1974 or the Nehelani at 655-4466 for lunch buffet reservations or more information.

Oktoberjst at Oktoberfest — Celebrate Oktoberfest at the Schofield Nehelani with a local twist. Don't miss "Oktoberjst at Oktoberfest," featuring Hawaiian comedic legend Andy Bumatai Oct. 27, at 4 p.m.

Enjoy pupus, prizes and live entertainment by Bumatai and band Positive Energy. Cost is \$5 in advance and \$7 at the door.

Civilians, spouses and all military ranks are welcome. Guests must be age 18 or older. Call 655-4466.

Fondue Night — Fondue night returns to the KoleKole Bar & Grill. Enjoy three courses of fondue, complete with cheese, vegetables, bread, hot oil, a selection of meats, chocolate, fruits and cakes.

The cost is \$39.95 for two people and two additional guests may be added for \$14.95 per person. Reservations are required. After enjoying fondue, join the "Oktoberjst at Oktoberfest" celebration outside of the Nehelani at no additional

cost. To make reservations, call 655-4466.

Costume Dance — Teens, join friends for an evening of fun at the Schofield Barracks Teen Center social, 7 to 9:30 p.m. and wear your favorite costume.

Admission is \$3 for members and \$4 for nonmembers and an ID card is required. Call 655-0451.

31 / Tuesday

Trick or Treat — Visit the Tropics between 3:30 and 6:30 p.m. on Halloween day. Dress up in a costume and receive a treat bag. For more information, call 655-5697.

DoD Employees — Don't have the time to take your auto in for an oil change, tire rotation or balancing? The staff at the Auto Craft Shop do!

The craft shop can complete these jobs and many other services while you are at work. For more details, call 655-2271.

Sunday Brunch — Experience a delightful meal featuring all your favorite brunch menu items at the Kolekole Bar & Grill on Schofield from 10 a.m. to 2

e-mail projectvisitation@vlsh.org.

31 / Tuesday

CAB Haunted Barracks — The Combat Aviation Brigade has spook-tacular fun planned Oct. 31 for the Schofield Barracks and Wheeler Army Air Field communities. The CAB will be opening the Haunted Barracks on the second floor of Building 841, from 5:30 - 8 p.m. A donation of \$1 is suggested for this event. For information, call 656-2012.

Howling Hoopla — Boys and ghouls, imagine exploring Bishop Museum's Great Lawn for Halloween goodies with the whole. Bishop Museum is once again transforming its grounds into Treat Street Oct. 31 from 5:30 to 8 p.m. so kids and kids-at-heart can safely trick-or-treat to their hearts' content.

Kids will delight in the spookiest and most original costume competition, eating contests, coloring, great food and the hilarious Creepy Crawly Roach Race.

Treat Street, a custom-designed neighborhood of colorful house fronts built by students of the University of Hawaii's School of Architecture, is the center of the evening's activities. Children under 12 are invited to gather Halloween goodies along Treat Street

Admission to Treat Street is free; however, donations are welcome to help support the museum's education and outreach programs. For the bare bones, call 847-3511 or visit www.bishopmuseum.org.

November

4 / Saturday

Fall Arts and Craft Fair — The Hickam Air Force Base Arts & Crafts Center is hosting the 31st annual Fall Craft Fair & Family Fun Day Nov. 4. This event will be held 9 a.m. to 3 p.m. Visitors may enjoy the many tables of handcrafted Americana and Hawaiian gifts and décor; great food and

p.m., or at Fort Shafter's Hale Ikena from 10 a.m. to 1 p.m.

Cost varies by location and children's pricing is available. Call Hale Ikena at 438-1947 or the Nehelani at 655-4466 for reservations or information.

Newcomers' Hoike — Are you new to Hawaii? Come and join in the fun at the Army Community Service (ACS) weekly orientation workshop. Learn about community resources and Hawaiian culture. Workshops are held every Tuesday, from 8:15 a.m. to 2:30 p.m. at Schofield ACS. Free childcare is provided from 8:30 a.m. to 2:30 p.m. for children enrolled in CYS.

Call 655-5314 to register for childcare and 655-4227 to register or for more information on the workshop.

ITR Hero Special — Information, Ticketing and Registration is offering The Hawaii Hero Special, through Dec. 31. Active-duty military personnel may visit the Polynesian Cultural Center for free, with the purchase of one Polynesian Cultural Center package. Call 438-1985 (Fort Shafter) or 655-9971 (Schofield).

Video Messenger — Deploying Soldiers are invited to participate in the "Read to the Kids" pre-deployment program at the Sgt. Yano library. DVD or VHS recordings will be made of you reading your child's favorite stories.

The video messenger can also be used to record birthday, anniversary, and holiday messages. For more information or to make an appointment, call 655-8002.

SKIES Unlimited — Music Lady School of Music is offering classes in piano, vocal training, flute, recorder, and violin for budding musicians through Schools of Knowledge, Inspiration, Exploration & Skills (SKIES) Unlimited.

Classes are available at the Schofield Barracks and AMR Youth Centers.

Private lessons are \$95 per month and group lessons are \$55 per month. For more information, call 655-9818.

Arts and Crafts Center — Need a gift fast? Stop by the Arts and Crafts Center and choose from a variety of island crafts, including mirrors, baskets, woodcrafts and more. For more information, call 655-6330 at Schofield Barracks or 438-1315 at Fort Shafter.

Home-school Support Group — Home-schooled students are invited to join biweekly group meetings for special activities, including arts and crafts, field trips, science experiments, computer classes, and more.

Call 655-8326 for a copy of the current calendar or registration information.

Nueva en la Biblioteca — The Sgt. Yano Library on Schofield Barracks has a collection of books and videocassettes in Spanish. Books are available for children of all ages along with wide selection of adult fiction. Call 655-0145.

entertainment; youth activities; prize drawings; craft demonstrations, with make-n-takes; and much more.

This highly-anticipated event will also feature photography, woodwork, jewelry, clothing, quilting, stained glass, pottery, basketry, engraved glass, and many other art forms. Visit www.hickamservices.com for more information.

Makahiki Festival — Relive the Plantation Days, the family event, which takes place the first Saturday of each month at Hawaii's Plantation Village (HPV), celebrates Makahiki Nov. 4 from 10 a.m. to 2 p.m.

In old Hawaii, the Makahiki period lasted about four months starting mid-November and was a time of thanksgiving that was marked by games, contests, dancing and feasting.

At the festival, visitors will have opportunities to taste popular "ono grinds," such as chicken long rice, pickled onions, taro, kim chee and adobo.

This festival will include live musical entertainment and ancient Hawaiian games. Cost is \$4 for military and \$7 for general admission. This event is free for ages 12 and under.

HPV is located at 94-695 Waipahu St. in Waipahu.

For more information call 677-0110 or visit www.hawaiiplantationvillage.org.

16 / Thursday

Army Community Theatre — Army Community Theatre presents "Annie," featuring Channing Weir in the title role, at the Richardson Theatre, Fort Shafter.

The show opens Nov. 16 and will run subsequent Fridays and Saturdays, 7:30 p.m. through December.

Tickets are \$15 and \$20 for adults and \$12 and \$15 for children at the ACT Box Office. Season tickets are priced at \$60 and \$75 for adults and \$45 and \$50 for children for a four-show musical series.

The season will run through May 2007.

SEE COMMUNITY CALENDAR, B-3



Aliamanu (AMR) Chapel

- Catholic Sunday, 8:30 a.m. - Mass Sunday, 9:45 a.m. - Religious education (Sept. - May only)
- Gospel Sunday, 11 a.m. - Sunday school (Sept. - June only) Sunday, 12:30 p.m. - Worship service
- Protestant Sundays, 9:45 a.m. - Worship service Sunday, 11 a.m. - Sunday school (Sept. - June only)

Fort DeRussy Chapel 836-4599

- Catholic Saturday, 5 p.m. - Mass in chapel (May - Aug.) Saturday, 6 p.m. - Mass on the beach
- Protestant Sunday, 9 a.m. - Worship service

Fort Shafter Chapel 836-4599

- Contemporary Protestant Sunday, 9 a.m. - "The Wave" worship service

Helemano (HMR) Chapel

- Contemporary Protestant Sunday, 10 a.m. - Worship service and children's church

Main Post Chapel 655-9307

- Catholic Sunday, 9 a.m. - CCD & RCIA Sunday, 10:30 a.m. - Mass
- Collective Protestant Sunday, 9 a.m. - Worship service Sunday, 10:30 a.m. - Sunday school
- Gospel Sunday, 10:30 a.m. - Sunday school Sunday, 12 p.m. - Worship service

MPC Annex, building 791

- Chalice circle Tuesday, 7 p.m.
- Islamic prayers and study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday - Saturday, 12 p.m. - Adoration (24 hours)
- Protestant Sunday, 9:30 a.m. - Worship service

Tripler AMC Chapel 433-5727

- Catholic Sunday, 11 a.m. - Mass Monday - Friday, 12 p.m. - Mass Saturday, 5 p.m. - Mass
- Protestant Sunday, 9 a.m. - Worship service

Wheeler Chapel

- Catholic Saturday, 5 p.m. - Mass
- Collective Protestant Sunday, 10:30 a.m. - Worship service and children's church



Invincible

(PG)
Friday, 7 p.m.
Sunday, 2 p.m.



The Wicker Man

(PG-13)
Saturday, 7 p.m.
Thursday, 7 p.m.



Idlewild

(R)
Wednesday, 7 p.m.

The theater is closed Monday & Tuesday.



Send calendar announcements to community@hawaiiarmyweekly.com.

20 / Today

Tag Team at NEX — World Wrestling Entertainment (WWE) superstars Lita and Edge will sign autographs for their fans at The Mall at Pearl Harbor Oct. 20 from 3 to 5 p.m.

The wrestlers are here as part of a promotional tour for the new movie, "The Marine," starring WWE champion John Cena, that opened in theaters Oct. 13.

Later, WWE fans can catch RAW wrestlingmania at the Neal Blaisdell Center tonight at 7:30 p.m. Tickets will be available at the box office.

Running Start Scholarship — Juniors and seniors in Hawaii public high schools have today through Oct. 30 to apply for the Running Start Scholarship for the Spring 2007 semester. This program allows students to attend college classes while earning both high school and college credits.

Each year GEAR UP funds \$75,000 in Running Start Scholarships to low-income students statewide. The scholarship can be used to waive tuition and fees for three or four credits and a one-time bookstore allowance of \$100.

To apply for the scholarship, visit www.hawaii.edu/runningstart.

HIFF Returns — The 26th Louis Vuitton Hawaii International Film Festival (HIFF) continues through Oct. 29. The festival is dedicated to advancing understanding and cultural exchange through film among the

people of Asia, the Pacific, and North America.

Discounted tickets are available for military patrons. Tickets are available by phone by calling 550-8475 (TIKS), or faxing 536-8192, or visiting www.hiff.org. To see the scheduled lineup of films, visit the HIFF Web site.

27 / Friday

CAB Family Night — The Combat Aviation Brigade family readiness group will host Family Night in the barracks courtyard between Buildings 840 and 841 for CAB Soldiers and family members at 6 p.m.

Guests may visit the Yellow Ribbon Room open house or enjoy the Halloween party, which will feature games, crafts, a costume parade for children and the Haunted Barracks. For information, call 656-2012.

The Pops on Broadway — The Honolulu Symphony Pops and Maestro Matt Catingub bring New York to Honolulu Oct. 27 and 28 at 8 p.m. as they present an evening of Broadway's most popular music.

The Pops will spotlight award-winning musicals such as "Hello Dolly," "Miss Saigon," "The King and I," "South Pacific" and more.

This event will also feature Jimmy Borges and local favorites Rocky Brown and Jordan Segundo.

Tickets can be purchased for as little as \$15 by calling the box office at 792-2000 or visiting www.honolulu-symphony.com.

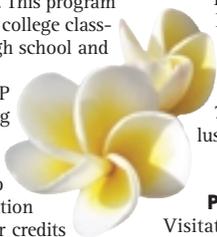
28 / Saturday

PV Volunteers Needed — Project Visitation needs volunteers to help foster siblings who are placed in separate homes have a chance to visit each other.

Volunteer training will be held Oct. 28, from 9 to 10:30 a.m. at Windward Community College Student Center.

Being a Project Visitation volunteer takes about eight hours a month and includes scheduling, picking up and dropping off children and visitation time.

For more information, call 528-7050 or



Men play role in stopping violence too

DONNA GATEWOOD
Family Advocacy Program

The Family Violence Prevention Fund (www.endabuse.org) provides many resources to help stop abuse in domestic relationships. Men, it shows, can also play a crucial role in helping to stop domestic violence.

Men are already an integral part of any community. They support and interact with families dealing with violence. They are the majority of judges, police officers and doctors who work with families in crisis.

Some men are neighbors, friends and family members who support victims by reaching out and lending a hand.

Yet, it is sometimes hard for men to join in and join the fight against family violence. They may believe that domestic violence is a women's issue and that they are not supposed to get involved. But family violence is everyone's concern, and many opportunities abound for involving males in making communities safer.

For instance, men are more likely to listen to other men when it comes to domestic violence. Fathers, as well, have enormous influence over the development of their children.

Here are other ways men can make a difference:

- Be role models to other men. Young men are uniquely positioned to reach out to other young men who are violent at home, to let them know, "You need help, and I want to help you. Your behavior is not acceptable."
 - Take a vocal stand against domestic violence. Men speaking out can have a powerful effect in helping change social norms that support and perpetuate abuse.
 - Reach out to a family where domestic violence is present. Just offering to listen and acknowledging what is going on helps chip away at walls that surround and isolate families living with abuse.
 - Act as a role model to a child who lacks a positive male figure in his life. A male mentor and friend can provide consistent support and even help the child make a safety plan.
 - Take a leadership role in civic organizations such as sports clubs, churches and neighborhood associations, and speak out against violence in the home.
- If you are in a violent relationship and need help, call the Victim Advocacy hotline at 624-SAFE (624-7233).

New ASEP partners employ Army spouses

MARGARET MCKENZIE
Army News Service

WASHINGTON — Six new partners joined the Army Spouse Employment Partnership (ASEP) program during a signing ceremony at the "Realizing the Dream, Jobs in Your Neighborhood" family forum at the Association of the U.S. Army's annual meeting, last week.

New partners for 2006 comprise companies representing the technical, financial, health care and retail industries, as well as the federal government. They are Affiliated Computer Services Inc., H&R Block, Humana Military Healthcare Services, the Social Security Administration, Starbucks Coffee Company, and Stratmar Retail Services.

"Our partners are reporting terrific successes in hiring spouses," said Teresita Rivera, Army Employment Readiness Program manager for the U.S. Army Community and Family Support Center (CFSC). "In the last year, ASEP partners hired more than 4,900 spouses, bringing the total to more than 16,000 spouses hired through the partnership. They are focusing on specific initiatives to accommodate the increased need for jobs to meet re-stationing."

"We place great importance on increasing Army spouse employment because it is the right thing to do and because the Army understands that Soldier retention is closely linked to how well we care for each Soldier's family," said Brig. Gen. Belinda Pinckney, CFSC commander. "Our Army spouses embrace the Army Spouse Employment Partnership as it is widely recognized as a true solution with solid results."

Partners with Army Spouse Employment Partnership

- Adecco USA
- Affiliated Computer Services Inc.
- Army and Air Force Exchange Service
- Army Career Alumni Program
- Army Civilian Personnel
- BellSouth
- Boys and Girls Clubs of America
- Computer Systems Corporation
- Concentra Inc.
- CVS/Pharmacy
- Defense Commissary Agency
- Dell, Inc.
- EURPAC Service Inc.
- Home Depot
- H&R Block
- Humana Military Healthcare Services
- Lockheed Martin
- Manpower Inc.
- Sabre Holdings/Travelocity
- Sears Holdings Corporation
- Social Security Administration
- Sprint SunTrust Bank
- Starbucks Coffee Company
- Stratmar Retail Services
- United Services Automobile Association

By signing the statement of support, the corporations pledged their best efforts to increase employment opportunities for Army spouses.

"This event is a demonstration of both the Army's and your company's leadership commitment to partnership," said John P. McLaurin III, deputy assistant secretary of the Army for Human Resources. "Today marks a significant milestone for Army spouses and the promise by the Army to facilitate your company's efforts to access, develop, recruit and hire from one of the most talented, diverse labor pools in America."

"The Army and our partners know and understand the challenges faced by our career spouses," McLaurin added. "The Army Spouse Employment Partnership is leveraging the strength of our employment readiness field personnel's

knowledge of local resources.

"Training opportunities they offer to spouses, along with a proven toolbox of assessments, can help spouses build career ladders throughout the range of opportunities offered by our corporate partners."

Employment Readiness Program managers at local installations are connecting spouses to employers, both ASEP partners and local small businesses.

"Our ACS centers have a wonderful relationship with those small companies that are located outside the gates, and a number of them are already involved in providing support, jobs and training opportunities," said Delores Johnson, director of Family Programs for the Army.

The relationship between the Army's Employment Readiness Program and the

Community Calendar

From B-2

Call 438-4480 or view details at www.squareone.org/ACT.

18 / Saturday Pearlridge Express — All aboard the Pearlridge Express! Hawaii's only scale-model, fully-functioning train will pull into the Uptown Center Court "station" Nov. 18 at 10 a.m.

The custom-built locomotive can take 15 kids at one time on a journey through a yuletide fantasy of sugary creations. Running daily through Jan. 1, the Pearlridge Express will be a sure memory-maker for the whole family.

Global Warming Exhibit — The Bishop Museum will unveil its newest exhibit, Science an a Sphere, Nov. 18. The permanent exhibit will be housed in the Watumull Planetarium and will focus on global warming.

The exhibit uses wall graphics, interactive stations and computer-based activities to educate visitors on the impact of global climate changes. The exhibit's centerpiece is a 68-inch, 40-pound fiberglass sphere, suspended from the planetarium ceiling, and displays real-time full-color animated images from satellites and other sources of geophysical data.

The Bishop Museum is located at 1525 Bernice St. Admission is \$14.95 for adults; \$11.95 for seniors and youth ages 4-12; special rates are available for kamaaina and military; children age 3 and under, and Bishop Museum members are

free. For complete details, call 847-3511 or visit www.bishopmuseum.org.

Ongoing

Family Employment Readiness Programs — Family Employment Readiness services at ACS offices will host monthly training workshops, including interviewing techniques, effective job-hunting skills, resume writing, dressing for success, and many more — designed to assist you in your transition into the workplace.

Upcoming employment-centered workshops are scheduled at Fort Shafter (FS) and Schofield Barracks (SB):

- Employment Orientation — Wednesday, Nov. 1, from 9 to 10:30 (FS); Friday, Nov. 3, 17 and 24, from 9 to

corporate partners of ASEP has relieved some of the tensions experienced by military spouses looking for jobs.

"Spouses are comforted that they are seen as such a strong link in the Army family," Rivera said. "They can be proud of the Army's efforts in working with corporations and small businesses to strengthen relationships and build solid communication processes."



For more on the Army Spouse Employment Partnership visit www.mymilitarytoo.com.

One of the results of the ASEP is the Military Spouse Job Search (MSJS) database, said Rivera. It has become a virtual job center for military spouses and the corporate partners. Currently, there are more than 45,594 jobs in the database. This number changes daily as new jobs are posted and jobs are filled.

MSJS is also helping to brand the Army spouses as a viable talent pool. The hope of the partners that post jobs to the site is that Army spouses will stand up and be proud of the fact that they are a military spouse, Rivera added.

Companies today are taking every necessary step to attract skilled individuals, Rivera said. The diversity of employable military spouses is an important factor for the corporations involved in the program.

(Editor's Note: Margaret McKenzie works for the U.S. Army Community and Family Support Center Public Affairs.)

10:30 a.m. (SB)

- Creating a Winning Resume — Thursday, Nov. 9, from 9:30 to 11:30 a.m. (SB)
- Mock Interviews — Nov. 15, 9:30 to 11:30 a.m. (FS)
- Starting a Small Business — Thursday, Nov. 9, from 9:30 to 11:30 a.m. (FS)

Fort Shafter workshops will be held in the Outreach Center, Building S330, and Schofield Barracks workshops at ACS offices, Building 291.

Call the Schofield Barracks ACS at 655-4227, or call the Fort Shafter ACS at 438-9285 to schedule an appointment or register for the workshops

Chess — Free chess lessons are offered every Tuesday from 6 to 8 p.m. at the Pearlridge Uptown Center Court.



28 / Saturday

BMX Racing — Come to the BMX track at Wheeler Army Air Field for BMX racing. First, second and third place ribbons will be awarded, along with participation ribbons.

Registration will be held from 4 to 5 p.m., and cost is \$4 per rider. BMX races will begin at 5 p.m., and refreshments will be provided.

In the future, races will be held every second and fourth Saturdays. Volunteers are needed to help make this event a success.

For more information, visit www.mwrarmyhawaii.com, www.armybm.org or call 656-1601.

31 / Tuesday

Youth Sports Basketball and Cheerleading — Registration begins Oct. 31 for youth basketball and cheerleading. The program is open to youth born between 1988 to 2001.

Cost is \$60 per person for basketball and cheerleading, and \$20 for cheerleaders who have a uniform from the previous season. The season will run Feb. 3 through March 24, 2007.

For more information, call 836-1923 (Aliamano), 438-9336 (Fort Shafter), 655-0883 (Wheeler and Heleman) or 655-6464 (Schofield).

Ongoing

Fabulous Football Weekends

— Come to Tropics, every Sunday and Monday to watch all of your favorite football games. Enjoy all you can eat food, specials, and lucky number prizes. For more information, call 655-5697.

Cardio Kickboxing

— Cardio kickboxing can help develop cardio-vascular fitness, improve balance, and may enhance self-confidence.

Classes are offered at the Fort Shafter Physical Fitness Center, Tuesdays and Thursdays from 4:30

to 5:30 p.m. For more information, call instructor Daryl Lynn Gandaoli at 779-4495.

SKIES Martial Arts — Come and learn Hawaii Okinawa Kenpo Karate-Do Shudokan (HOKK), a martial arts program taught by master instructors, at the Schools of Knowledge, Inspiration, Exploration & Skills (SKIES).

HOKK teaches self-discipline and dedication to overcoming obstacles.

Classes are \$35 per month or \$105 per semester. Family discounts are available.

Classes are offered for students in grades first through tenth and parents are welcome to take classes also.

New students start at the beginning of each month. For additional information, please call 655-5525.

Chess Club — Come and play chess every Monday from 5 to 8:30 p.m. at Tropics on Schofield. Competitors should bring their own equipment. A few sets will be available for participants without equipment.

For more information, call Tropics at 655-0002.

Youth Sports Coaches — Youth Sports is looking for volunteer coaches to help make the program a success. If you are interested in volunteering, see your Youth Sports director or call for more details. Call Aliamano Military Reservation at 836-1923; Fort Shafter at 438-9336; or Schofield Barracks at 655-6465.

Step Classes — A variety of step classes are offered at the Schofield Barracks Health and Fitness Center, including the Multi-step class held Mondays at 8:30 a.m., the Step and Ab class held Mondays at 5 p.m., and the Step and Pump class held Thursdays at 5 p.m. and Fridays at 8:30 a.m.

Classes are available Monday through Saturday. Call 655-8007 for more information.

Youth Sports Coaches — Youth Sports is looking for volunteer coaches to help make the program a success. Give back to the youth what you received as a child. Call for more details: Aliamano Military Reservation at 836-1923, Fort Shafter at 438-9336, or Schofield Barracks at 655-6465.



Alanna Lanham (left), a nurse, helps Sallie Whitehurst check her body fat percentage during the first annual Senior Leader Spouse Health Care Symposium at the Nehelani Banquet and Conference Center, Oct. 13.

Spouses nurture 'mind, body, spirit'

Story and Photos by
LANDY STEWART MIYAKE
Staff Writer

More than 40 senior spouses converged at the Schofield Barracks Nehelani Banquet and Conference Center to discuss age-specific health-related issues and listen to expert lectures during the first annual Senior Leader Spouse Health Care Symposium, Oct. 13.

The vision for the symposium began in July, with the pending deployment of more than 7,000 Soldiers. Rhonda Mixon, wife of Maj. Gen. Benjamin R. Mixon, 25th Infantry Division commander, wanted to increase senior-level spouses' awareness of health and well-being and ensure they knew how to take care of their minds, bodies and spirits.

She also said she wanted to present subject matter significant to senior spouses such as menopause and the growing risk of breast and ovarian cancer.

"The more information [spouses] have, the better equipped they are to support those they keep," Mixon said.

Other symposium topics included compassion fatigue, heart and spiritual health, osteoporosis, healthy exercise and hormone replacement.

Several groups set up informational booths at the seminar, including Tripler Army Medical Center's (TAMC) Public Health Nursing,



Spouses attending the seminar listen up for good tips on healthy exercise at the first annual Senior Leader Spouse Health Care Symposium, Oct. 13.

Schofield Health Clinic, the Susan G. Komen Breast Cancer Foundation and Army Community Service (ACS) among others.

Attendees received on-the-spot screenings for blood pressure, cholesterol and body mass index. The TAMC Obstetrician/Gynecology Clinic was on hand to schedule annual "Well

Woman" exam appointments.

Cynthia Piatt enjoyed learning about the latest developments on cancer and other health-related issues as well as receiving the on-the-spot screenings.

"It was a nice opportunity to have so much available at one time," she said.

Lisa Seward echoed similar sentiments.

"It was wonderful. It was a good reminder to take time to focus on ourselves and remember our health during this difficult time," she said.

"It encourages us to take care of our bodies and be more aware of what is going on," Seward continued. "I will take the time to exercise and take care of myself. I will make it a point to do those things now."

Comments like Seward's were welcomed by Col. David Peterson, chief of Public Health Nursing at TAMC, who, along with Mixon and Lt. Col. Patricia Wilhelm, director of Pediatric Nursing at TAMC, helped coordinate the event.

"We wanted this to serve as a helpful reminder to maintain health so that [senior-level spouses] can support their spouses while they are deployed," Peterson said, adding that prevention, education and monitoring stress are key factors for remaining healthy.

During her closing remarks, Mixon advised, "Don't neglect your mind, body and spirit. If you do, your life will be greatly affected."



Send community announcements to community@hawaiiarmyweekly.com.

21 / Saturday

Pink Ribbon Event — The 12th Annual Komen Hawaii Race for the Cure takes off from the Waikiki Shell Amphitheater Oct. 22 at 7 a.m. This race is a co-ed 5k fun walk / race and finishes at the Honolulu Marathon finish line on Kalakaua Avenue.

Up to 75 percent of the net proceeds from the Race will be used to fund local area breast cancer education, screening and treatment programs and at least 25 percent will help fund the

Susan G. Komen Breast Cancer Foundation National Grant Program.

Race participants can recognize special people who have been touched by breast cancer by wearing "In memory of" or "In celebration of" back signs.

Race day registration will be accepted from 5 - 6 a.m. in Kapiolani Park in Waikiki. There is no age limit to participate.

Each race finisher will be entered in a drawing for prizes donated by area merchants. The grand prize is roundtrip air transportation to any destination in the contiguous United States. For registration or race information, visit www.raceforthecure-hawaii.org or call 754-1817.

28 / Saturday

Paws on the Path — Join the Paws on the Path hiking club Oct. 28 for its monthly hike. This hike is along Waimano Ridge.

Meet at the trailhead at 8:30 a.m. This hike starts promptly at 9 a.m. Bring snacks and enough water for people and pets.

The trailhead is at the top of Waimano Home Road in Pearl City. Parking is available on the left just after the Waimano Training School. For more details, e-mail hhs@hawaiianhumane.org.

November

25 / Saturday

Paws on the Path — Join the Paws on the Path hiking club Nov. 25 for its monthly hike. This hike will cover Maunawili Ditch Trail in Waimanalo.

The detailed map to the trailhead can be found at www.hawaiianhumane.org/news. Hikers will meet between 8:30 and 8:45 a.m. This hike starts promptly at 9 a.m. Bring snacks and enough water for people and pets.

For more details, e-mail hhs@hawaiianhumane.org.

December

10 / Thursday

Honolulu Marathon 2006 — The 34th annual Honolulu Marathon and Race Day Walk will be held Dec. 10 and is expected to attract more than 33,000 participants.

The race starts at Ala Moana Beach Park and finishes at Kapiolani Park near the bandstand.

Registered runners are required to pick up race packets at the Honolulu Marathon Expo, which will be held at the Hawaii Convention Center, 1801 Kalakaua Ave., Waikiki, Dec 6 - 8.

Packets will include race number, timing chip and final instructions and will be available Dec. 6, from noon to 5 p.m.; and Dec. 7 - 9, from 9 a.m. - 6 p.m.

For expo details, visit www.roadraceventures.com. For race route, statistics and registration information, visit www.honolulumarathon.org

21 / Thursday

Batter Up! — The University of Hawaii baseball program will be hosting a winter baseball camp, led by UH head baseball Coach Mike Trapasso, Dec. 21-23 and Dec. 28 - 30. The camp is available for children ages 7 - 18. Pitcher/catcher camp is 9 a.m. - noon and hitting camp is 1 - 4 p.m. Cost per camp is \$120 or \$200 for both camps. For more information, call 956-6247.

Ongoing

Prenatal Exercise Program

— Exercise during pregnancy has been shown to positively impact fitness during labor and childbirth.

Learn and practice safe exercising during pregnancy. Classes are each Monday, Wednesday, and Friday at the offices of Pacific Health & Fitness Consultants, through Dec. 30.

A physician's referral is required. For more information, call 599-5918.

Masters Swim Program

— Team Move hosts a master's swimming program Wednesdays, from 7:30 to 8:30 a.m., and Saturdays from 7 to 8:15 a.m., in the Pearl City district park swimming pool.

The innovative group workouts are designed for beginning and advanced swimmers. Expert coaching will be provided to improve upon form and technique.

All ages are welcome. Cost is \$15 per month for Team Move members and \$25 per month for non-members. The pool is located at 785 Hoomaemae St., Pearl City.